Follow Directions/Pay Attention

Shake your wiggles out

Take a deep breath

Listen carefully

Ask questions

Be on task

Begin when the teacher says to begin.

1. My name is Lo and I am 8 years old.
2. I am really smart and can learn things really fast.
3. Sometimes, I work ahead of my class and am finished before the teacher is done talking.
4. But, then I have nothing else to do and get bored. I can’t sit still or listen to the teacher.
5. I finish my work so fast, I make mistakes and don’t understand everything on the assignment.
6. It’s important that I pay attention during class so that I don’t make mistakes.
7. I shake my wiggles out and take a deep breath before class so that I can sit still. When I listen carefully, I don’t miss what the teacher is telling me.
8. If I get confused and think I did something wrong, I raise my hand to ask for help. When I stay on task, I work slowly enough not to miss anything.
9. If I begin when the teacher tells me to and not before, I won’t finish so fast I get bored.
10. Because school isn’t boring! I am smart and love to learn!

Social story lesson plan

1. CONTENT ANALYSIS/Objective
2. Explanation
3. Show/Demonstration
4. Rehearse/Supervised Practice